

Kallima

THE SPA AT LONDON SYON PARK



HILTON LONDON SYON PARK

02083 801590

Park Road, Isleworth TW8 8JF

hiltonsyonguestservices@hilton.com

londonsyonpark.com

SPA DAYS

The Butterfly Journey

Experience this blissful Journey with a deluxe head to toe body experience.

- 45 minute Detoxifying Body Wrap
- 45 minute De-stress Massage
- 30 minute Express Dr Dennis Facial
- Light lunch and a glass of Prosecco
- Two hours use of spa facilities

Monday to Thursday
120 minutes | £230

Friday to Sunday & Bank Holidays
120 minutes | £240

Journey of Tranquility

Find the perfect state of balance.

- 60 minute De-Stress Massage
- 45 minute Express Dr Dennis Facial
- A fruit salad & a glass of Prosecco
- Two hours use of spa facilities

Monday to Thursday
105 minutes | £210

Friday to Sunday & Bank Holidays
120 minutes | £220

Jet Lag Recovery

Whether you're recovering from extensive travel or a hectic lifestyle this ritual will revive you from head to toe.

- 45 minute Hot Stone Back Massage
- 30 minute Express Dr Dennis Facial
- 15 minute Revival Foot Ritual
- Light lunch
- Two hours use of spa facilities

Monday to Thursday
90 minutes | £185

Friday to Sunday & Bank Holidays
90 minutes | £195

Rejuvenate

Relax and restore with this dreamy well-rounded treatment.

- 30 minute Back, Neck & Shoulder Massage and 30 minute Express Dr Dennis Facial
- Glass of Prosecco
- One hour use of spa facilities

Monday to Thursday
60 minutes | £125

Friday to Sunday & Bank Holidays
60 minutes | £135

Twilight Spa Treat

Available Monday to Thursday from 5:30pm to 8:30pm.

- A choice of any Kallimini 30 minute treatment
- One course dinner from a set menu
- One hour use of spa facilities

Monday to Thursday
30 minutes | £110

Friday to Sunday & Bank Holidays
30 minutes | £120

Kallimini Morning Spa Treat

Breakfast served between 7:00am to 9:30am.

- A choice of any Kallimini 30 minute treatment
- Full English breakfast served with tea or coffee in Mood in the Park Restaurant
- One hour use of spa facilities

Monday to Thursday
30 minutes | £110

Friday to Sunday & Bank Holidays
30 minutes | £120

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KALLIMINI TREATS

Dr Dennis Gross Facial

Monday to Thursday
30 minutes | £80

Friday to Sunday & Bank Holidays
30 minutes | £90

De-Stress Back, Neck & Shoulder Massage

Monday to Thursday
30 minutes | £80

Friday to Sunday & Bank Holidays
30 minutes | £90

Indian Head Massage

Monday to Thursday
30 minutes | £80

Friday to Sunday & Bank Holidays
30 minutes | £90

KALLIMA HEALTH & LIFESTYLE

Personal Training

Private Pilates

Private Yoga

GROUP EXPERIENCES AT KALLIMA SPA

Invite your group for an unforgettable day of pampering. Allow us to curate the perfect day spa getaway with our rejuvenating treatments, a healthy lunch and nibbles, plus access to our luxurious spa amenities. We can create customised group spa packages for six or more people that are perfect for hen parties, birthday celebrations, a friend's getaway or even an employee celebration.

Contact us at 02083 801590 or hiltonsyonguestservices@hilton.com to discuss a bespoke group spa package.

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SPA ETIQUETTE

Arrival

We ask that you arrive 30 minutes before your appointment to allow time to prepare and fill in a consultation form before your spa experience. If you wish to use the spa facilities before your treatment we recommend that you arrive at least 60 minutes prior to your scheduled appointment. Using the steam room, sauna and pool area before your treatment will allow you to reach optimum relaxation and gain the full benefit of your spa experience. Arriving late will limit the time of your service, as we complete each experience punctually so the next client will be on time.

Booking Advice

A consultation is required prior to many of the treatments on this menu so that the most effective treatment can be given on the day. Please inform us at the time of booking if you have any medical conditions, skin allergies or think that you are pregnant. Avoid facial and heat treatments 72 hours after any cosmetic procedures including botox, or as advised by your medical practitioner.

Cancellation Policy

Cancellations or rescheduling of appointments made with less than 48 hours' notice or 3 days for group bookings of 5 or more guests, and failure to take up an appointment, will result in the full treatment cost being charged to your room or credit card.

Valuables & Electronics

Digital lockers are provided in the changing room, but we advise you not to bring or wear valuables whilst using our facilities. We are unable to accept responsibility for looking after your personal effects and for any loss or damage incurred.

We aim to provide a peaceful setting for all spa guests, and so we ask you to please keep your mobile devices on silent. The use of mobile phones within the spa facility is prohibited, except in designated areas.

Gift Certificates / Card Payments

If you are booked through a gift certificate, kindly bring and present a copy of your voucher/certificate at Spa Reception on your arrival. A 50% pre-payment will be required for your booked spa appointment prior to arrival; you will need to present the card you used for payment upon check-in at spa reception for verification and completion to settle the remaining balance on your booking.

SPA ETIQUETTE

(continued)

What to Wear

Robes and slippers are provided to day spa guests. We provide disposable underwear to suit women and men; alternatively, you may wear your own underwear, as you wish. Our spa therapists (male/female) are professionally trained in draping techniques to ensure your privacy and comfort at all times.

T-shirts with comfortable trousers or shorts are ideal fitness attire. Trainers must always be worn in the fitness centre.

Age Requirements and Entitlement

No person/s under the age of 18 years are permitted to use the spa facilities or gym. The Kallima Spa is licensed to perform all the services listed within this menu. All prices, treatments and information are current at the time of distribution and are subject to revision without notice.

Dietary Requirements

We will persevere to deliver special dietary requirements; however, some specific cuisines may not be available and an alternative item will be offered. Please advise us of any dietary requirements in advance. *Additional charges may apply for specific outsourced items – we will advise if this is the case.*

Please visit londonsyonpark.com for more information on our dining offers.

Additional Charges

Our guests may unwind and enjoy the use of our 15m heated swimming pool, whirlpool, aroma steam room and sauna, the Life Fitness equipped gym facilities, along with our 10 luxurious treatment rooms, including three couples suites. Couples rooms are not guaranteed for any treatment bookings.

Facilities charges apply. Non-residential guests receiving a treatment of 60 minutes or more will be able to use the facilities complimentary for 2 hours prior to their spa treatments.

Hotel residents may use the spa facilities for a £25 charge for 120 minutes of access per visit.

We offer day spa packages and day spa passes for hotel guests. Day Pass for use of spa facilities is £80 for the weekend, £100 for a 3-day bank holiday weekend, £60 for a single weekday and £80 for a bank holiday weekday; the prices are per person for 4 hours.

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