

# Kallima

THE SPA AT LONDON SYON PARK



**HILTON LONDON SYON PARK**

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[londonsyonpark.com](http://londonsyonpark.com)

# SPA DAYS

## The Butterfly Journey

Experience this blissful journey with a deluxe head to toe body experience.

- 45 minute Detoxifying Body Wrap
- 45 minute De-stress Massage
- 30 minute Kallimini Maintenance Facial
- Light lunch and a glass of Prosecco

Monday to Thursday  
120 minutes | £240

Friday-Sunday & Bank  
Holidays  
120 minutes | £250

## Journey of Tranquillity

Find the perfect state of balance.

- 60 minute De-Stress Massage
- 45 minute Kallimini Maintenance Facial
- A fruit salad & a glass of Prosecco

Monday to Thursday  
105 minutes | £220

Friday to Sunday  
& Bank Holidays  
105 minutes | £230

## Jet Lag Recovery

Whether you're recovering from extensive travel or a hectic lifestyle this ritual will revive you from head to toe.

- 45 minute Hot Stone Back Massage
- 30 minute Kallimini Maintenance Facial
- 15 minute Revival Foot Ritual
- Light lunch

Monday to Thursday  
90 minutes | £195

Friday to Sunday  
& Bank Holidays  
90 minutes | £205

## Rejuvenate Journey

Relax and restore with this dreamy well-rounded treatment.

- 30 minute Back, Neck & Shoulder Massage or 30 minute Kallimini Maintenance Facial
- Glass of Prosecco

Monday to Thursday  
60 minutes | £135

Friday to Sunday  
& Bank Holidays  
60 minutes | £145

## Butterfly Breeze Cream Tea

Available Monday to Thursday and excludes weekends.

- Cream Tea
- Two hours of spa access

Monday to Thursday  
25 minutes | £85

Bank Holidays  
25 minutes | £95

## Wings of Wellness Afternoon Tea

Relax, recharge and rejuvenate with this indulgent package.

- 25 minute De-stress Massage or 25 minute Kallimini Maintenance Facial
- Afternoon Tea

Monday to Thursday  
25 minutes | £125

Friday to Sunday  
& Bank Holidays  
25 minutes | £135

Access to the spa facilities, including the swimming pool, jacuzzi, steam room and sauna is included with treatments one hour or more prior to the treatment.

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# FACIAL TREATMENTS

## Pinks Boutique Luxury Organic Skincare

There is nothing more beautiful or effective than nature, which is why we use Pinks Boutique eco skincare products in our spa facial treatments. Hand-blended in England from natural and organic ingredients, Pinks Boutique features captivating aromas, opulent textures and long lasting results without synthetic chemicals.

Before beginning your facial, you'll receive a personal skincare consultation and analysis to determine the best facial skincare system for your skin type, selecting from Organic Rose, Ocha or Lemongrass and Mandarin.

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### Butterfly Kiss Signature Facial

This face and back treatment is a truly luxurious experience. We'll welcome you with a pot of tea handpicked to nourish your skin type and will begin with a foot soak and organic foot scrub. Then your skin will be deep-cleansed, exfoliated, massaged and masked, starting with your back and moving to your face. Each stage of this facial experience is a sensory delight from the aroma-changing water and elixir sprays to the deliciously scented scrubs, masks and moisturisers, all available in fresh, restorative lemongrass and mandarin, the powerful anti-oxidant Japanese Ocha, or skin repairing and calming Organic Rose. You'll leave glowing from your facial and feeling like you had a full body treatment.

Monday to Thursday  
105 minutes | £195

Friday to Sunday  
& Bank Holidays  
105 minutes | £205

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### Reborn Anti-Aging Facial

Thanks to organic processing, the anti-oxidants, vitamins and minerals within Pinks Boutique products are kept intact, not destroyed – as often occurs in chemical processing. Using supercharged rosehip – scientifically proven to reduce signs of ageing, wrinkles and sun damage – this facial also works on the tell-tale giveaways – the back of the neck and decollate also. Natural facelift massage techniques and pressure points encouraging lymph drainage will leave your complexion visibly smoothed and bright.

Monday to Thursday  
75 minutes | £140

Friday to Sunday  
& Bank Holidays  
75 minutes | £150

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### Uplifting Eco Chic Facial

Our organic facial combines deep cleansing with our Camellia based melt-exfoliation, a relaxing face, neck and shoulder massage and a mask. The upper back and neck are also included, providing these often-neglected areas with vital moisture. Designed to restore the natural balance of your skin, the Pinks Boutique products use only natural ingredients, such as herbs, essential oils and antioxidants, to promote clear, hydrated and radiant skin.

Monday to Thursday  
60 minutes | £120

Friday to Sunday  
& Bank Holidays  
60 minutes | £130

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Access to the spa facilities, including the swimming pool, jacuzzi, steam room and sauna is included with treatments one hour or more prior to the treatment.



PINKS BOUTIQUE  
COMPLETE. ORGANIC. SKINCARE

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# PROVERB SKIN WORKOUT FACE & BODY TREATMENTS

A specially devised high-performance cardio HITT skin workout for the face to combat tired, dull skin, stress and tension headaches with an instant face lift, contour and tone.

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## Skin Workout Facial

**Get out what you put in** with this specially devised high-performance facial. Our stretch therapists will warm-up and prep the skin ready for the cardio section of this facial using active natural and organic ingredients - proteins, antioxidants and enzymes formulated for lab proven results. Cross train, running, skipping and facial push presses are just some of the massage movements used to keep your jowls lifted, face plump, fine lines ironed and muscles strengthened. The treatment will conclude with a stretch and toning cool down.

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Monday to Thursday  
60 minutes | £135

Friday to Sunday  
& Bank Holidays  
60 minutes | £145

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## Skin HITT Facial

Focusing on the cardio element of the Skin Workout, perfect for those short of time or in need of a pick me up.

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Monday to Thursday  
30 minutes | £95

Friday to Sunday  
& Bank Holidays  
30 minutes | £105

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## Energising Body Scrub & Recharge

Invigorate the entire body with exfoliation, hot towels, and muscle ease venotonic gel to cool & soothe. Flush lactic acid, refresh the body & mind.

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Monday to Thursday  
45 minutes | £95

Friday to Sunday  
& Bank Holidays  
45 minutes | £105

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# MASSAGE TREATMENTS

## De-stress Massage

Relax and indulge yourself with this wonderful treatment that combines a specially selected blend of essential oils that relax and restore. This treatment is superb for unwinding and will improve your quality of life physically and emotionally.

Monday to Thursday  
60 minutes | £125

Friday to Sunday  
& Bank Holidays  
60 minutes | £135

## Freestyle Deep Tissue Massage

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

Monday to Thursday  
60 minutes | £145

Friday to Sunday  
& Bank Holidays  
60 minutes | £155

## Syon Park Hot Stone Therapy

There's nothing like a touch of warmth to melt away the tensions of the outside world. In this blissful treatment, the heat from the stones will relax and soothe your muscles.

Monday to Thursday  
60 minutes | £145

Friday to Sunday  
& Bank Holidays  
60 minutes | £155

## Himalayan Salt Stone Massage

Known for its mineral content, Himalayan Crystal Salt offers a uniquely restorative experience when used on the body. This full body massage ritual will sooth sore muscles and calm the nervous system, while gently exfoliating the skin.

Monday to Thursday  
60 minutes | £150

Friday to Sunday  
& Bank Holidays  
60 minutes | £160

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## BODY TREATMENTS

### Kallima Botany Exfoliation

Light exfoliation treatment to help brush away dead skin cells, finishing with a deeply hydrating body moisturiser.

Monday to Thursday  
45 minutes | £95

Friday to Sunday  
& Bank Holidays  
45 minutes | £105

### Butterfly Cocoon Detox Wrap

Savour yourself with our Signature Butterfly Cocoon Body Wrap, which is botanically based, mineral-rich, and formulated with plant powders, which can help slow down the skin ageing process, draw out toxins, nourish and detoxify the body.

Monday to Thursday  
45 minutes | £95

Friday to Sunday  
& Bank Holidays  
45 minutes | £105

### Soulfully Grounded Foot & Lower Leg

Everyone needs a little grounding now and then. Stress can take a toll on the feet and ankles. This invigorating leg and foot treatment is packed with seaweed and peppermint oil, which alleviate stress and pain after a long and tiring day, and its stimulating effect helps increase blood circulation—complemented with a flurry of rose oil, mandarin and bitter orange to increase circulation and ease the impact of water tension.

Monday to Thursday  
45 minutes | £95

Friday to Sunday  
& Bank Holidays  
45 minutes | £105

### Speckled Wood Purifying Back

This clarifying back treatment is perfect to help decongest oily or spot-prone skin. Your skin will be deeply cleansed and exfoliated, followed by a hot stone massage to help relax the pores. Includes a deep cleansing mask application that draws toxins from the body, leaving your skin deeply cleansed and refreshed. It is an excellent treatment for all skin types and ages.

Monday to Thursday  
60 minutes | £125

Friday to Sunday  
& Bank Holidays  
60 minutes | £135

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# PRE & POST NATAL TREATMENTS

## Pre-Natal Massage

Full body massage is designed to suit individual concerns, focusing on the areas needed to alleviate muscular aches while helping to relax, restore and revitalise. Please note that this treatment is not suitable for women in their first trimester.

Monday to Thursday  
60 minutes | £135

Friday to Sunday  
& Bank Holidays  
60 minutes | £145

## Post Natal Massage

An optional, gentle back exfoliation, if required, is followed by a soothing body massage specially designed to suit individual concerns, focusing on the areas needed to alleviate muscular aches whilst helping to relax, restore and revitalise.

Monday to Thursday  
60 minutes | £135

Friday to Sunday  
& Bank Holidays  
60 minutes | £145

## Bumps & Daisy Mother-To-Be Massage

Bodies go through a lot in pregnancy, so let this treatment reaffirm your incredible power, strength and life-giving miracle. Allow the gentle scent of neroli from Natural Spa Factory's Bumps and Daisy range to invoke feelings of joy and uplifting the mood, whilst making you feel calm and relaxed.

Monday to Thursday  
75 minutes | £155

Friday to Sunday  
& Bank Holidays  
75 minutes | £165

## The Conscious Healer Post-Pregnancy

Bring balance and help the maternal body through the skin with natural products packed with reviving scents, smothering the face and whole body with intense goodness. Feel the stress melt away with this rejuvenating treatment, which includes a mini facial, a gentle body polish and a purifying wrap that envelops the body, infused with nourishing mandarin and neroli oils to help boost circulation and soothe.

Monday to Thursday  
90 minutes | £185

Friday to Sunday  
& Bank Holidays  
90 minutes | £195

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# OTO CBD SPA RITUALS

## OTO CBD Firming & Lifting Facial

Designed to rebalance tired, stressed skin and restore both inside and out. This holistic facial treatment combines the power of CBD with a re-centring sound therapy, a sculpting bamboo massage, lifting geometrical effect, and cleansing properties of clear quartz crystal for a truly restorative experience.

Monday to Thursday  
60 minutes | £135

Friday to Sunday  
& Bank Holidays  
60 minutes | £145

## Amplify Massage

Designed for those seeking to release tension and unravel tightness in tired muscles. This full-body treatment uses CBD oil infused with bitter orange, grapefruit and juniper berries and a handcrafted bamboo roller to rejuvenate deeper levels of the muscle. Combined with an OTO signature sound therapy and the placement of red jasper crystal, renowned for strong grounding properties, for a profoundly regenerative experience.

Monday to Thursday  
60 minutes | £150

Friday to Sunday  
& Bank Holidays  
60 minutes | £160

## Focus

Designed to calm and focus a busy mind. This full body treatment with stimulating scalp and foot massage uses CBD oil infused with ginger, black pepper and frankincense, renowned for their anti-inflammatory and soothing properties. Combined with an OTO signature sound therapy and the harmonising qualities of aventurine crystal to help reduce feelings of anxiety and improve concentration.

Monday to Thursday  
60 minutes | £145

Friday to Sunday  
& Bank Holidays  
60 minutes | £155

## Balance

Designed to be deeply restorative and help with sleep. This full body massage uses CBD oil, infused with jasmine, helichrysum and Roman chamomile, to calm the nervous system, resulting in deep relaxation. Combined with an OTO signature sound therapy and rose quartz crystal, used for its deep inner healing properties, for a powerful balancing and restoring experience.

Monday to Thursday  
60 minutes | £145

Friday to Sunday  
& Bank Holidays  
60 minutes | £155

## Sleep Soundly by Kallima

Experience the unique benefits of the Flutter & Rest Sleep Ritual. This whole-body massage experience, which combines the OTO signature sleep scent of mandarin and ylang-ylang with high levels of CBD, is designed to reduce inflammation in the soft tissues. The use of warmed Himalayan salt stones and live sound helps identify imbalances in the body's energy system, releasing emotional heaviness. This treatment will renew the entire system holistically and encourage a full circadian rhythm reset. The use of Himalayan salt stones not only brings warmth but can improve sleep. When heated, the negatively charged ions and multiple minerals can combat the cell's toxic effects of free radicals. You will be immersed in a unique soundscape designed to step down the binaural frequencies throughout the treatment, providing a truly relaxing and rejuvenating experience.

Monday to Thursday  
120 minutes | £275

Friday to Sunday  
& Bank Holidays  
120 minutes | £285

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# KALLIMA SIGNATURE SPA EXPERIENCES

## Superbotanical

The experience begins with an invigorating Kallima Botany Exfoliation to eliminate dead cells, whilst bringing to the skin a sensation of purity followed by the De-stress Back Massage and a Kallimini Maintenance Facial. This uplifting experience is bespoke to your needs, ensuring you leave feeling radiant and energised.

Monday to Thursday  
90 minutes | £175

Friday to Sunday  
& Bank Holidays  
90 minutes | £185

## Kallima VIP Superbotanical

The ultimate in total luxury. The experience begins with a relaxing de-stress back massage followed by an invigorating Kallima Botany Exfoliation to eliminate dead cells and a detoxifying back mask whilst bringing the skin a sensation of purity. Finish with a luxury Kallimini Maintenance Facial to promote clear, hydrated, radiant skin.

Monday to Thursday  
105 minutes | £190

Friday to Sunday  
& Bank Holidays  
105 minutes | £199

## Kazumin Couples

Escape the daily grind and unwind side-by-side with a partner or friend with our couple signature experience for two. It could be the perfect date with that special someone or a friend to relax and spend time together. This journey of pure bliss combines 60 minutes of De-stress Massage and a 30 minute Kallimini Maintenance Facial.

Monday to Thursday  
90 minutes | £315

Friday to Sunday  
& Bank Holidays  
90 minutes | £325

## Men's Ultimate Recharge

This divine experience is specifically designed for men. It includes a muscle-melting hot stone back massage, a soulfully grounded foot and lower leg ritual for tired, aching feet, and a Kallimini Maintenance Facial. Your skin and body will thank you for this hydrating, soothing, and refreshing ritual, leaving you perfectly groomed and relaxed.

Monday to Thursday  
90 minutes | £185

Friday to Sunday  
& Bank Holidays  
90 minutes | £185

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# KALLIMINI TREATS

## De-Stress Back, Neck & Shoulder Massage

A focused 30-minute massage designed to release tension in key areas such as the neck, shoulders, and back. Using soothing techniques and aromatic oils, this treatment melts away stress and restores a sense of calm in minimal time

Monday to Thursday  
30 minutes | £85

Friday to Sunday  
& Bank Holidays  
30 minutes | £95

## Blissful Back Ritual

Target tension and stress with this 30-minute back-focused treatment. Combining exfoliation, a soothing back massage, and nourishing moisturisers, this therapy relieves tight muscles and leaves your skin feeling soft and renewed.

Monday to Thursday  
30 minutes | £85

Friday to Sunday  
& Bank Holidays  
30 minutes | £95

## Eco-Luxe Scalp Therapy

This 30-minute scalp treatment combines soothing massage techniques with nourishing oils to improve circulation, reduce tension, and leave your hair feeling soft and hydrated. Perfect for a quick stress-relieving indulgence.

Monday to Thursday  
30 minutes | £85

Friday to Sunday  
& Bank Holidays  
30 minutes | £95

## Eco-Luxe Express Maintenance Facial

A rejuvenating express facial designed to refresh and maintain your skin's natural radiance. Using organic, plant-based products, this treatment focuses on cleansing, exfoliation, and hydration to leave your skin feeling balanced and nourished. Perfect for those seeking an express yet effective facial experience, this maintenance treatment is ideal for keeping your complexion healthy and glowing between your regular skincare rituals.

Monday to Thursday  
30 minutes | £85

Friday to Sunday  
& Bank Holidays  
30 minutes | £95

An additional charge of £30 to access the spa facilities, including the swimming pool, jacuzzi, steam room and sauna for 120 minutes.

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# KALLIMINI ADD-ON THERAPIES

## Head & Scalp Massage

A relaxing scalp massage that helps release tension in the head, neck, and shoulders. Ideal for soothing headaches and promoting relaxation.

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## Led Light Facial Therapy

This advanced, non-invasive treatment uses therapeutic LED light to target specific skin concerns, promoting a healthier, more radiant complexion.

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## Hot Stone Muscle Melt

Focus on releasing built-up tension in the upper or lower back, using targeted pressure and relaxation techniques to ease tight muscles and improve flexibility.

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## Neck & Sholder Release

This targeted massage works to alleviate tightness and discomfort in the neck and shoulders, areas commonly affected by stress or long hours spent sitting.

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## Bamboo Deep Tissue Pressure Point Focus

For an extra dose of relaxation, this add-on targets specific pressure points to relieve built-up stress and tension, especially beneficial for people with sore spots or tight muscles.

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## CB Oil Treatment

CBD oil is known for its anti-inflammatory properties and can help soothe sore muscles, calm the nervous system, and promote overall wellness.

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## Hand & Arm Treatment

A soothing hand and arm massage with a nourishing lotion or oil, leaving your skin soft and your muscles relaxed, perfect for counteracting the effects of repetitive motion.

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## Express Foot Soak & Scrub

A quick, revitalising foot soak followed by a gentle scrub to exfoliate and smooth the feet, leaving them feeling soft, fresh, and energised.

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Enhance Your Spa Experience: 15-Minute Add-Ons for Just £20 – Exclusively for Spa Day Packages or Treatments!

# THE ULTIMATE SERENITY GATHERING

The Serenity & Indulgence Spa Retreat offers the perfect day of relaxation and rejuvenation for groups of 10 to 20. This package includes access to our luxurious spa treatments and facilities, paired with a private dining experience, ideal for friends, colleagues, or family looking to unwind and indulge together

## Package Includes:

- **Private Dining or Casual Gathering:** Enjoy a delicious, customized menu with healthy and indulgent options prepared specially for your group. The dining experience takes place in a private area where you can savor gourmet meals while bonding with your guests.
- **Spa Treatments:** Each guest receives a 25-minute spa treatment tailored to refresh and restore. Choose from relaxing massages, facials, or body treatments that will leave you feeling relaxed and rejuvenated.
- **Access to Spa Facilities:** Enjoy full access to our spa amenities, including saunas, steam rooms, hot tubs, and relaxation lounges. Experience peace and tranquility throughout the day as you unwind and relax in our serene environment.
- **Group Relaxation Space:** A designated area for your group to gather, enjoy refreshments, and unwind together, with comfortable seating and soothing surroundings.
- **Optional Add-Ons:** Additional treatments, personalised consultations, or a celebratory drink package can be added to enhance the experience.

## Ideal For:

- Corporate groups and team-building events
- Birthday parties, anniversaries, or special celebrations
- Friends and family looking for a relaxing day out together

## Duration:

- Half-day or full-day options available.

Relax, reconnect, and rejuvenate together – book your group spa day today!  
Call 020 8380 1590 for more information

# MINDFUL BLISS & INDULGENCE RETREAT

The Mindful Bliss & Indulgence Retreat is a serene and holistic experience designed for groups of 10 to 20. This package blends relaxation, rejuvenation, and mindfulness, offering a complete day of indulgence with spa treatments, meditation, and a private dining experience. Perfect for those looking to connect, recharge, and restore balance together.

## Package Includes:

- **Private Dining or Casual Gathering:** Enjoy a delicious, customized menu with healthy and indulgent options prepared specially for your group. The dining experience takes place in a private area where you can savor gourmet meals while bonding with your guests.
- **Spa Treatments:** Each guest receives a 25-minute spa treatment tailored to refresh and restore. Choose from relaxing massages, facials, or body treatments that will leave you feeling relaxed and rejuvenated.
- **Meditation Session:** A guided group meditation led by a professional instructor, designed to help participants relax, reduce stress, and enhance mental clarity. This session will promote mindfulness and relaxation for all guests.
- **Access to Spa Facilities:** Enjoy full access to our spa amenities, including saunas, steam rooms, hot tubs, and relaxation lounges. Experience peace and tranquility throughout the day as you unwind and relax in our serene environment.
- **Group Relaxation Space:** A designated area for your group to gather, enjoy refreshments, and unwind together, with comfortable seating and soothing surroundings.
- **Optional Add-Ons:** Additional treatments, personalised consultations, or a celebratory drink package can be added to enhance the experience.

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Relax, reconnect, and rejuvenate together – book your group spa day today!  
Call 020 8380 1590 for more information

# KALLIMA SPA CLUB MEMBERSHIP

Step into a blissful haven and nurture your body, mind, and soul at Kallima Health Club & Spa, nestled within the serene grounds of Hilton London Syon Park. Swim or steam, exercise away the stress or indulge in exclusive innovative face and body treatments designed to deliver outstanding results.

## Facilities include:

As a valued member of the Kallima Spa & Health Club, you'll have access to an array of exceptional amenities, including:

- A luxurious heated 15-metre indoor pool
- Sauna and steam room for ultimate relaxation
- A rejuvenating spa bath.
- The cozy snug relaxation room
- Life Fitness equipment featuring cutting-edge technology
- Access to Peloton bike with classes for immersive fitness experiences
- Indulgent treatments available in our 7 single and 2 double treatments rooms

Experience the perfect blend of wellness and luxury every time you visit.

## Top 5 reasons to join us:

If you're considering joining the Kallima Spa & Health Club, here are the Top 5 Reasons to Inspire your decision.

1. A Holistic, Adult-Only Wellness Experience
2. Exclusive Membership Benefits
3. World-Class Spa Treatments
4. Access to Wellness Experts
5. Supportive Wellness Community

Joining the Kallima Spa & Health Club means stepping into a world of premium wellness services, personalised care, and a thriving community-all designed to help you thrive and achieve your goals.

# SPA ETIQUETTE

## Arrival

We ask that you arrive 30 minutes before your appointment to allow time to prepare and fill in a consultation form before your spa experience. If you wish to use the spa facilities before your treatment we recommend that you arrive at least 60 minutes prior to your scheduled appointment. Using the steam room, sauna and pool area before your treatment will allow you to reach optimum relaxation and gain the full benefit of your spa experience. Arriving late will limit the time of your service, as we complete each experience punctually so the next client will be on time.

## Booking Advice

A consultation is required prior to many of the treatments on this menu so that the most effective treatment can be given on the day. Please inform us at the time of booking if you have any medical conditions, skin allergies or think that you are pregnant. Avoid facial and heat treatments 72 hours after any cosmetic procedures including botox, or as advised by your medical practitioner.

## Cancellation Policy

Cancellations or rescheduling of appointments made with less than 48 hours notice or 3 days for group bookings of 5 or more guests, and failure to take up an appointment, will result in the full treatment cost being charged to your room or credit card.

## Valuables & Electronics

Digital lockers are provided in the changing room, but we advise you not to bring or wear valuables whilst using our facilities. We are unable to accept responsibility for looking after your personal effects and for any loss or damage incurred.

We aim to provide a peaceful setting for all spa guests, and so we ask you to please keep your mobile devices on silent. The use of mobile phones within the spa facility is prohibited, except in designated areas.

## Gift Certificates / Card Payments

If you are booked through a gift certificate, kindly bring and present a copy of your voucher / certificate at Spa Reception on your arrival. A 50% pre-payment will be required for your booked spa appointment prior to arrival; you will need to present the card you used for payment upon check-in at spa reception for verification and completion to settle the remaining balance on your booking.

# SPA ETIQUETTE

(continued)

## What to Wear

Robes and slippers are provided to day spa guests. We provide disposable underwear to suit women and men; alternatively you may wear your own underwear, as you wish. Our spa therapists (male/female) are professionally trained in draping techniques to ensure your privacy and comfort at all times.

T-shirts with comfortable trousers or shorts are ideal fitness attire. Trainers must always be worn in the fitness centre.

## Age Requirements and Entitlement

No person/s under the age of 18 years are permitted to use the spa facilities or gym. The Kallima Spa is licensed to perform all the services listed within this menu. All prices, treatments and information are current at the time of distribution and are subject to revision without notice.

## Dietary Requirements

We will persevere to deliver special dietary requirements; however some specific cuisine may not be available and an alternative item will be offered. Please advise us of any dietary requirements in advance. *Additional charges may apply for specific outsourced items – we will advise if this is the case.*

Please visit [londonsyonpark.com](http://londonsyonpark.com) for more information on our dining offers.

## Additional Charges

Our guests may unwind and enjoy the use of our 15m heated swimming pool, whirlpool, aroma steam room and sauna, the Life Fitness equipped gym facilities, along with our 10 luxurious treatment rooms, including three couples suites. Couples room are not guaranteed for any treatments bookings.

Facilities charges apply. Non-residential guests receiving a treatment of 60 minutes or more will be able to use the facilities complimentary for 2 hours prior to their spa treatments.

Hotel residents may use the spa facilities for a £25 charge for 120 minutes access per visit.

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