

Kallima

THE SPA AT LONDON SYON PARK



HILTON LONDON SYON PARK

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londonsyonpark.com

SPA DAYS

The Butterfly Journey

120 minutes | £230

Experience this blissful Journey with a deluxe head to toe body experience.

- 60 minute Detoxifying Body Wrap
- 60 minute Well-being Massage
- Light lunch and a glass of Prosecco
- Two hours use of spa facilities

Journey of Tranquillity

105 minutes | £210

Find the perfect state of balance.

- 60 minute Aromatherapy Massage
- 45 minute Personalised ELEMIS Facial
- A bowl of strawberries & a glass of Prosecco
- Two hours use of spa facilities

Jet Lag Recovery

90 minutes | £185

Whether you're recovering from extensive travel or a hectic lifestyle this ritual will revive you from head to toe.

- 45 minute Deeper Than Deep Hot Stone Back Massage
- 30 minute Personalised ELEMIS Facial
- 15 minute Frangipani Foot Treatment
- Light lunch
- Two hours use of spa facilities

Rejuvenate

60 minutes | £125

Relax and restore with this dreamy well-rounded treatment.

- Choice of 30 minute Back, Neck & Shoulder Massage or 30 minute Express Personalised ELEMIS Facial
- Glass of Prosecco
- One hour use of spa facilities

Twilight Spa Treat

30 minutes | £99

Available Monday to Friday from 5:30pm to 8:30pm.

- A choice of any Kallimini 30 minute treatment
- One course dinner from a set menu
- One hour use of spa facilities

Kallimini Morning Spa Treat

30 minutes | £99

Available Monday to Friday 7:00am to 10:30am. Breakfast served between 7:00am to 9:30am.

- A choice of any Kallimini 30 minute treatment
- Full English breakfast served with tea or coffee in Mood in the Park Restaurant
- One hour use of spa facilities

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ELEMIS FACIALS

Personalised Facial

60 minutes | £110

This essential bespoke invigorating treatment re-energises cellular function for visibly hydrated skin. Designed to tackle fine lines and wrinkles, de-stress dull skin, detoxify and leave skin plumper, radiant and bright with good health.

Express Personalised Facial

30 minutes | £80

Revitalising facial treatment that's perfect for all skin types and anyone looking to quickly restore a glowing youthful appearance. It's an ideal beauty booster before a special date or as an introduction to facial treatments.

Biotec Facial with Energising Light Therapy

60 minutes | £120 - or - 75 minutes | £130

Revolutionary, non-invasive, anti-aging facial treatment using the latest innovation of the BIOTEC machine, works to switch on the skin's natural cellular energy. Choose from seven personalised facials to suit your needs and end the facial with a 15-minute energising light therapy that will further boost collagen production.

Pro-Glow for Men

30 minutes | £80 - or - 60 minutes | £110

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration, multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massage is deeply relaxing.

BODY TREATMENTS

De-stress Massage

60 minutes | £120

This flowing medium pressure massage synergy relaxes and harmonises the body using hand selected pure essential oils.

Deeper Than Deep Hot Stone Massage

60 minutes | £145 - or - 90 minutes | £190

Balinese stones drenched in ELEMIS Frangipani Monoi Body Oil are worked deep into the muscles, targeting areas of tension. Promoting absolute warmth and relaxation.

Freestyle Deep Tissue Massage

60 minutes | £145

Your technician will select an aromatic oil according to your concerns, including muscle pain, stress relief, relaxation or balance.

Peaceful Pregnancy Massage

60 minutes | £120

Mothers-to-be are restored to optimum wellness. An intuitive and relaxing massage hydrates the skin that is expanding to accommodate a growing baby.

Nutrient-rich Detox Wrap

45 minutes | £95

Our nutrient rich detox wrap uses a deeply nourishing green tea balm or frangipani oil to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

Intensely Cleansing Exfoliation

45 minutes | £95

Invigorating and nourishing exfoliator that tones and boosts metabolism.

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SIGNATURE SPA RITUALS

The Superbotanicals Body Experience

90 minutes | £145

The experience begins with an invigorating exfoliation of frangipani oil and salt scrub to eliminate dead cells whilst bringing to the skin a sensation of purity followed by De-Stress Back Massage and a mini Personalised ELEMIS Express Facial.

Musumi – De-stress

120 minutes | £245

Combining the best of our facial and body treatments with a 60 minute Deeper Than Deep Hot Stone Massage and a 60 minute ELEMIS Personalised Facial designed for your skin's needs. Deeply relaxing at all levels.

Kazumin Couples Retreat

90 minutes | £285

Escape the daily grind and unwind side-by-side with a partner or friend with our couple's signature experience for two. It could be the perfect date with that special someone or time with a friend to relax together. This journey of pure bliss combines 60 minutes of De-stress Massage and a Personalised ELEMIS Express Facial.

OTO CBD TREATMENTS

Amplify Massage

60 minutes | £135

Designed for those seeking to release tension and unravel tightness in tired muscles. This full body treatment uses CBD oil infused with bitter orange, grapefruit and juniper berry, coupled with a handcrafted bamboo roller to rejuvenate deeper levels of the muscle. Combined with an OTO signature sound therapy and the placement of red jasper crystal, renowned for strong grounding properties, for a profoundly regenerative experience.

Focus

60 minutes | £135

Designed to calm and focus a busy mind. This full body treatment with stimulating scalp and foot massage, uses CBD oil infused with ginger, black pepper and frankincense, renowned for their anti-inflammatory and soothing properties. Combined with an OTO signature sound therapy and the harmonising qualities of aventurine crystal to help reduce feelings of anxiety and improve concentration.

Balance

60 minutes | £135

Designed to be deeply restorative and help with sleep. This full body massage uses CBD oil, infused with jasmine, helichrysum and Roman chamomile, to calm the nervous system resulting in deep relaxation. Combined with an OTO signature sound therapy and rose quartz crystal, used for its deep inner healing properties, for a powerful balancing and restoring experience.

Kallima Signature Renewal Therapy

90 minutes | £235

Reset & transform your energy with the ultimate body and face therapy using the anti-inflammatory & anti-oxidant properties of CBD. A full body bespoke massage, followed by a tailored facial including bamboo sculpting and neck stretching is sure to remove muscle restrictions and leave you feeling free to spread your wings again.

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KALLIMINI TREATS

Personalised ELEMIS Express Facial	30 minutes £80
Well-being Back Massage	30 minutes £80
Freestyle Deep Tissue Back Massage	30 minutes £80
Shoulder, Neck & Scalp Massage	30 minutes £80
Frangipani Scrub	30 minutes £80
Frangipani Foot Treatment	30 minutes £80

KALLIMA HEALTH & LIFESTYLE

- Personal Training
- Private Pilates
- Private Yoga
- Reflexology

GROUP EXPERIENCES AT KALLIMA SPA

Invite your group for an unforgettable day of pampering. Allow us to curate the perfect day spa getaway with our rejuvenating treatments, a healthy lunch and nibbles, plus access to our luxurious spa amenities. We can create customised group spa packages for six or more people that are perfect for hen parties, birthday celebrations, a friends getaway or even an employee celebration.

Contact us on 02083 801590 or hiltonsyonguestservices@hilton.com to discuss a bespoke group spa package.

SPA ETIQUETTE

Arrival

We ask that you arrive 30 minutes before your appointment to allow time to prepare and fill in a consultation form before your spa experience. If you wish to use the spa facilities before your treatment we recommend that you arrive at least 60 minutes prior to your scheduled appointment. Using the steam room, sauna and pool area before your treatment will allow you to reach optimum relaxation and gain the full benefit of your spa experience. Arriving late will limit the time of your service, as we complete each experience punctually so the next client will be on time.

Booking Advice

A consultation is required prior to many of the treatments on this menu so that the most effective treatment can be given on the day. Please inform us at the time of booking if you have any medical conditions, skin allergies or think that you are pregnant. Avoid facial and heat treatments 72 hours after any cosmetic procedures including botox, or as advised by your medical practitioner.

Cancellation Policy

Cancellations or rescheduling of appointments made with less than 48 hours notice or 3 days for group bookings of 5 or more guests, and failure to take up an appointment, will result in the full treatment cost being charged to your room or credit card.

Valuables & Electronics

Digital lockers are provided in the changing room, but we advise you not to bring or wear valuables whilst using our facilities. We are unable to accept responsibility for looking after your personal effects and for any loss or damage incurred.

We aim to provide a peaceful setting for all spa guests, and so we ask you to please keep your mobile devices on silent. The use of mobile phones within the spa facility is prohibited, except in designated areas.

Gift Certificates / Card Payments

If you are booked through a gift certificate, kindly bring and present a copy of your voucher / certificate at Spa Reception on your arrival. A 50% pre-payment will be required for your booked spa appointment prior to arrival; you will need to present the card you used for payment upon check-in at spa reception for verification and completion to settle the remaining balance on your booking.

What to Wear

Robes and slippers are provided to day spa guests. We provide disposable underwear to suit women and men; alternatively you may wear your own underwear, as you wish. Our spa therapists (male/female) are professionally trained in draping techniques to ensure your privacy and comfort at all times.

T-shirts with comfortable trousers or shorts are ideal fitness attire. Trainers must always be worn in the fitness centre.

SPA ETIQUETTE

(continued)

Age Requirements and Entitlement

No person/s under the age of 18 years are permitted to use the spa facilities or gym. The Kallima Spa is licensed to perform all the services listed within this menu. All prices, treatments and information are current at the time of distribution and are subject to revision without notice.

Dietary Requirements

We will persevere to deliver special dietary requirements; however some specific cuisine may not be available and an alternative item will be offered. Please advise us of any dietary requirements in advance. *Additional charges may apply for specific outsourced items – we will advise if this is the case.*

Please visit londonsyonpark.com for more information on our dining offers.

Additional Charges

Our guests may unwind and enjoy the use of our 15m heated swimming pool, whirlpool, aroma steam room and sauna, the Life Fitness equipped gym facilities, along with our 10 luxurious treatment rooms, including three couples suites. Couples room are not guaranteed for any treatments bookings.

Facilities charges apply. Non-residential guests receiving a treatment of 60 minutes or more will be able to use the facilities complimentary for 2 hours prior to their spa treatments.

Hotel residents may use the spa facilities for a £20 charge for 90 minutes access per visit.

We offer day spa packages and day spa passes for hotel guests. Day Pass for use of spa facilities is £80 for the weekend or £60 for a weekday, the price is per person for 4 hours.

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