The Spa is open 7 days a week 9 AM - 10 PM

Gym and Pool Facilities

Monday-Friday 6AM – 10PM Saturday, Sunday and Bank Holidays 7AM – 10PM

Children's Swimming Hours:

9am to 11am and 4pm to 6pm Children's hours are subject to seasonal change.

BOOKING

Advanced bookings are required for all Spa Appointments; Group Bookings of 5 guests or more require a minimum 3 weeks pre-booking. A valid credit / debit card or a company account is required at the time of booking to hold all spa reservations; Names of individual guests are required for all bookings.

ARRIVAL

Please kindly arrive for your spa appointment minimum of 15 minutes before your booked time to enable you to complete a consultation form and prepare for your spa treatment; We offer our guests a suitable treatment schedule, please be advised we will not be able to guarantee treatments extension or rebooking for late arrivals and discounts will not be applicable.

FACILITIES

Personal digital lockers are provided during your visit, we advise that you please remove any jewellery and leave all your valuable items on the lockers provided; we regretfully unable to take any responsibility for any damage or loss of items within the facility.

CANCELLATION, REBOOKING OR ALTERATION

Please advise our reservations desk 24 hours in advance and 3 days for groups of 5 or more. No-shows and cancellations received less than 24 hours and 3 days (groups of 5 or more). Will be charged for all scheduled services at full price. Once all bookings are confirmed we will not be able to guarantee availabilities on rebooking or alterations; an additional charge may be incurred for any changes on your bookings.

TO BOOK, please call 0208 380 1590 or email: kallimaspa@hilton.com



CLUB AND SPA AT LONDON SYON PARK

SPA DAYS

All our spa days include up to 4 hours use of spa facilities. (15 metre heated indoor swimming pool, eucalyptus steam room, sauna, fully equipped gym, changing facilities with lockers and the relaxation snug)

The Butterfly Journey I 2 hours I £180pp

60 mins. Thousand flowers detox wrap I 60 mins. Garden of England Rose Massage Lunch OR Afternoon Tea and a glass of bubbly

Indulgence I 90 mins I £150pp

30 mins. Frangipani body scrub I 30 mins. Radiance facial I 30 mins Muscle ease massage Afternoon Tea and a glass of bubbly

Rejuvenating I 60 mins I 120pp

30 mins. Vitality massage I 30 mins. Pro-active facial Lunch

SIGNATURES

Superbotanicals Body Experience I 90 mins I £100pp

A powerful treatment to stimulate every cell in the body, helping alleviate muscular pain and remove toxins. This is a revolutionary, minerally-charged experience of skin conditioning, metabolic balancing and energising wellness.

S.O.S Face I 60 mins I £90pp

A survival treatment boosting sluggish complexions. stimulating the removal of impurities and dead skin cells; then restores moisture for instantly clearer and visibly brighter skin.

BODY TREATMENTS

Body Nectar Nourishing Wrap - with Frangipani I 60 mins I £80pp

The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

Thousand Flower Detox Wrap I 60 mins I £80pp

This nutrient-rich detox wrap uses the deeply nourishing Green Tea Balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

Intensely Cleansing Salt Scrub - with Frangipani I 45 mins I £65pp

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

Targeted Toning Tightener I 30 mins I £55

Fragile skin needs special attention. A soothing technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

MASSAGES

Freestyle Deep Tissue Massage I 60 mins I £100pp

A soothing massage; working deeper into the tension, encouraging optimum circulation. With the use of specific aromatic oil tailored to your concerns.

Lave Shell Relax Massage I 60 mins I £95pp

The ultimate calming massage with the warm marine polished sea shell gliding smoothly over the body promoting absolute warmth and relaxation.

Pregnancy Massage I 60 mins I £95pp

mothers-to-be are restored to optimum wellness. An intuitive and relaxing massage hydrates skin that is expanding to accommodate a growing baby.

De-stress Massage I 60 mins I £90pp

This flowing massage synergy, soothes the mind, relaxes tension and harmonises the body. Using Hand selected pure essential oils of Rosewood, Melissa, Marjoram, Geranium, Rosemary, Lavender and Chamomile.

FACE TREATMENTS

Pro-Collagen Age Defy I 60 mins I £90pp

Tackle fine lines and wrinkles with the clinically proven^{*} age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

Pro-Definition Lift and Contour I 60 mins I £90pp

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

Superfood Pro-Radiance I 60 mins I £85pp

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven* to leave skin plumper, radiant and lit up with good health.

Sensitive Skin Soother I 60mins I 85pp

Fragile skin needs special attention. A soothing technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

For HIM

High Performance Skin Energiser I 60 mins I £85pp

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration, a Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massage deeply relax.

KALLIMINI

Vitality Back Massage I 30 mins I £55 Nourishing Scalp Massage I 30 mins I £50 Radiance Mini Facial I 30mins I £55

HANDS AND FEET

Best Foot Forward with file and polish I 60 mins I £65pp Restore Hand Treatment with file and polish I 45 mins I £55pp File and Polish I 30 mins I £45pp

ESSENTIALS

Full Leg and Bikini I £45 Half Leg and Bikini I £35 Half Leg I £25 Bikini I £15 Brazilian I £30 Underarm I 15 Arm I £20 Upper Lip I £10 Eyebrow I £15 Back Wax I £25

Full Essential | 120 mins | £95

(Full leg and Bikini, Underarm, Arm, Upper Lip and Eyebrow)